## **FAQS**

#### WHAT IS ABA?

Applied Behavior Analysis (ABA) is a scientific technique of identifying the function of behavior (why it's occurring) and developing socially appropriate alternative behaviors.

### WHAT CAN ABA HELP WITH?

ABA decreases problem behaviors while increasing socially acceptable behaviors. ABA can teach communication and social skills. It can increase self-help, self-esteem, and daily living skills to promote a more independent future. ABA can improve attention, focus, memory, and academic growth.

## DO I QUALIFY FOR ABA OR WAIVER?

At True Legacy, we assist families in obtaining funding and services. Call us today and let us join you as you "leap toward a stronger future."

PLEASE CALL US! (317) 799-1234



# TRUE LEGACY

FAMILY SERVICES, LLC

DEEP KINDNESS
DEEP COMPASSION
DEEP DEEP COMMITMENT

#### TRUE LEGACY FAMILY SERVICES

600 E. Carmel Dr. Suite 120 Carmel, IN 46032 Phone:317.799.1234 info@ourtruelegacy.org

www.0urTrueLegacy.0rg



# TRUE LEGACY

FAMILY SERVICES, LLC

IN-HOME AND SCHOOL ABA AND WAIVER SERVICES



LEAPING TOWARD STRONGER FUTURES

(317) 799-1234

## TRUE LEGACY SERVICES

True Legacy prides itself in partnering with families during their journey through understanding and receiving special needs services. Not only do we create a personcentered approach, we advocate for all aspects of a family's needs.



By providing in-home and in-school ABA in addition to Waiver services, we assist in multiple aspects of care. We know that understanding your rights and how to obtain support can be overwhelming. True Legacy partners with families to assist them in the process of obtaining resources, funding, and personalized services to continue leaping forward in their journey.





In-home and in-school ABA offers one-on-one therapy to address the needs of each individual. Those needs are based on assessments, observation of skills, and most importantly, parent involvement.

True Legacy addresses areas of learning within the individual's natural environment. We use evidence-based interventions that have been proven to promote growth, development, and behavior change.

Indiana is fortunate to have a strong autism mandate to assist families. True Legacy currently accepts the following insurance providers for in-home and/or in-school ABA services:

- ► Medicaid
- Cigna
- **▶** Tricare
- ► AETNA
- BCBS Anthem

Contact us to learn more about ABA services and obtaining insurance coverage. We can help you get the process started.

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## MEDICAID WAIVER

To continue our whole-family approach, True Legacy provides additional services through Home and Community Based Waivers. This funding source offers services outside of insurance-based ABA for individuals of all ages, which may include the following:

Behavior Management
Occupational Therapy
Speech-language Therapy
Physical Therapy
Music Therapy
Recreational Therapy
Participant Assistance Care



Contact us to learn more about Waiver services. We can assist you in the application process and deciphering which services best meet your needs.

Contact us today to learn more about how we can help families.

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